

Prepping for your Endoscopy

Important things to know About your prep:

- 1) If the Prep is not done correctly and your stomach is not cleaned out, your endoscopy will not be completed. You will have to repeat the prep and the procedure until the doctor is able to complete the procedure.
- 2) Prepping correctly is important for your Endoscopy because it allows better visibility for Dr. DeAntonio. Better visibility means polyps or other digestive disorders can be seen. The sooner Digestive disorders are found the easier they can be treated.

Clear Liquid Diet:

Nothing Red or Purple
juice (without pulp)
water
tea or coffee (without cream)
clear soup

1 Week Before:

Make plans with someone to drive you home:

Because you will be given anesthesia you will not be able to drive yourself home. You will need a friend or family member to pick you up after your endoscopy. You will not be allowed to call a cab or car service.

The Night Before your Endoscopy:

If you take Diabetes Medications at Night:

Dr. DeAntonio will circle below how he wants you to take your diabetes medications: If you have any questions you can call our office at (609) 882 2185.

Take Half of your
Diabetes Medications
the night before your
Endoscopy

Do not take your Diabetes
Medication tonight. Bring
them with you to your
Procedure and take them
after your endoscopy

Prepping for your Endoscopy

The Day of your Endoscopy:

The Morning of your Endoscopy:

You can have anything off the clear liquids diet (on page 1)

4 Hours Before your Endoscopy:

No solid food and no liquids are permitted four hours before your endoscopy.

Your Appointment is at _____:_____ Am Pm

There for, Nothing by Mouth after _____:_____ Am Pm

Check what Medications you should take before your endoscopy and which ones you should take after:

Take the medications listed below before your endoscopy with a small sip of water. Take these before _____:_____ Am Pm

Cardiac Medications
Blood pressure medications

Bring the medications listed below with you to your endoscopy appointment. You must take these after your procedure

Diabetes Medications

Prepping for your Endoscopy

Your Appointment Information:

Date and Time

Date ____/____/____ Time: ____:____ Am Pm

Location

**Hamilton Surgery
Center**

1445 Whitehorse Mercerville Rd
Hamilton Township, NJ
(609) 588-5050

**Capital Health
Regional Medical Center**

750 Brunswick Avenue
Trenton, NJ 08638
(609) 394-6000

Regional Medical Center

1445 Whitehorse Mercerville Rd
Hamilton Township, NJ
(609) 588-5050

Additional Instructions:
